

Course Handicap Table

Golf Ireland
St. Helen's Bay Golf Club
Men's - Blue

Course Rating™: 71.8 - Slope Rating®: 126 - Par: 72

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
+5.0 to +5.0	+6	23.8 to 24.6	27
+4.9 to +4.1	+5	24.7 to 25.5	28
+4.0 to +3.2	+4	25.6 to 26.4	29
+3.1 to +2.3	+3	26.5 to 27.3	30
+2.2 to +1.4	+2	27.4 to 28.2	31
+1.3 to +0.5	+1	28.3 to 29.1	32
+0.4 to 0.4	0	29.2 to 30.0	33
0.5 to 1.3	1	30.1 to 30.9	34
1.4 to 2.2	2	31.0 to 31.8	35
2.3 to 3.1	3	31.9 to 32.7	36
3.2 to 4.0	4	32.8 to 33.6	37
4.1 to 4.9	5	33.7 to 34.5	38
5.0 to 5.8	6	34.6 to 35.4	39
5.9 to 6.7	7	35.5 to 36.3	40
6.8 to 7.6	8	36.4 to 37.2	41
7.7 to 8.5	9	37.3 to 38.1	42
8.6 to 9.4	10	38.2 to 39.0	43
9.5 to 10.3	11	39.1 to 39.9	44
10.4 to 11.2	12	40.0 to 40.8	45
11.3 to 12.1	13	40.9 to 41.7	46
12.2 to 13.0	14	41.8 to 42.5	47
13.1 to 13.9	15	42.6 to 43.4	48
14.0 to 14.7	16	43.5 to 44.3	49
14.8 to 15.6	17	44.4 to 45.2	50
15.7 to 16.5	18	45.3 to 46.1	51
16.6 to 17.4	19	46.2 to 47.0	52
17.5 to 18.3	20	47.1 to 47.9	53
18.4 to 19.2	21	48.0 to 48.8	54
19.3 to 20.1	22	48.9 to 49.7	55
20.2 to 21.0	23	49.8 to 50.6	56
21.1 to 21.9	24	50.7 to 51.5	57
22.0 to 22.8	25	51.6 to 52.4	58
22.9 to 23.7	26	52.5 to 53.3	59
		53.4 to 54.0	60

INSTRUCTIONS

* When using the table, find the range containing your Handicap Index® in the left column. Play with the Course Handicap™ which corresponds with it in the right column.

* Please make sure that the tees from which you are playing correspond with the tees for which this table applies.

Course Handicap Table

Golf Ireland
St. Helen's Bay Golf Club
Men's - White

Course Rating™: 70.9 - Slope Rating®: 121 - Par: 72

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
+5.0 to +4.3	+5	24.8 to 25.6	27
+4.2 to +3.3	+4	25.7 to 26.6	28
+3.2 to +2.4	+3	26.7 to 27.5	29
+2.3 to +1.5	+2	27.6 to 28.4	30
+1.4 to +0.5	+1	28.5 to 29.4	31
+0.4 to 0.4	0	29.5 to 30.3	32
0.5 to 1.4	1	30.4 to 31.2	33
1.5 to 2.3	2	31.3 to 32.2	34
2.4 to 3.2	3	32.3 to 33.1	35
3.3 to 4.2	4	33.2 to 34.0	36
4.3 to 5.1	5	34.1 to 35.0	37
5.2 to 6.0	6	35.1 to 35.9	38
6.1 to 7.0	7	36.0 to 36.8	39
7.1 to 7.9	8	36.9 to 37.8	40
8.0 to 8.8	9	37.9 to 38.7	41
8.9 to 9.8	10	38.8 to 39.6	42
9.9 to 10.7	11	39.7 to 40.6	43
10.8 to 11.6	12	40.7 to 41.5	44
11.7 to 12.6	13	41.6 to 42.4	45
12.7 to 13.5	14	42.5 to 43.4	46
13.6 to 14.4	15	43.5 to 44.3	47
14.5 to 15.4	16	44.4 to 45.2	48
15.5 to 16.3	17	45.3 to 46.2	49
16.4 to 17.2	18	46.3 to 47.1	50
17.3 to 18.2	19	47.2 to 48.0	51
18.3 to 19.1	20	48.1 to 49.0	52
19.2 to 20.0	21	49.1 to 49.9	53
20.1 to 21.0	22	50.0 to 50.8	54
21.1 to 21.9	23	50.9 to 51.8	55
22.0 to 22.8	24	51.9 to 52.7	56
22.9 to 23.8	25	52.8 to 53.6	57
23.9 to 24.7	26	53.7 to 54.0	58

INSTRUCTIONS

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Course Handicap Table

Golf Ireland
St. Helen's Bay Golf Club
Men's - Yellow

Course Rating™: 68.4 - Slope Rating®: 116 - Par: 72

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
+5.0 to +4.4	+5	23.9 to 24.8	25
+4.3 to +3.5	+4	24.9 to 25.8	26
+3.4 to +2.5	+3	25.9 to 26.7	27
+2.4 to +1.5	+2	26.8 to 27.7	28
+1.4 to +0.5	+1	27.8 to 28.7	29
+0.4 to 0.4	0	28.8 to 29.7	30
0.5 to 1.4	1	29.8 to 30.6	31
1.5 to 2.4	2	30.7 to 31.6	32
2.5 to 3.4	3	31.7 to 32.6	33
3.5 to 4.3	4	32.7 to 33.6	34
4.4 to 5.3	5	33.7 to 34.5	35
5.4 to 6.3	6	34.6 to 35.5	36
6.4 to 7.3	7	35.6 to 36.5	37
7.4 to 8.2	8	36.6 to 37.5	38
8.3 to 9.2	9	37.6 to 38.4	39
9.3 to 10.2	10	38.5 to 39.4	40
10.3 to 11.2	11	39.5 to 40.4	41
11.3 to 12.1	12	40.5 to 41.4	42
12.2 to 13.1	13	41.5 to 42.3	43
13.2 to 14.1	14	42.4 to 43.3	44
14.2 to 15.0	15	43.4 to 44.3	45
15.1 to 16.0	16	44.4 to 45.2	46
16.1 to 17.0	17	45.3 to 46.2	47
17.1 to 18.0	18	46.3 to 47.2	48
18.1 to 18.9	19	47.3 to 48.2	49
19.0 to 19.9	20	48.3 to 49.1	50
20.0 to 20.9	21	49.2 to 50.1	51
21.0 to 21.9	22	50.2 to 51.1	52
22.0 to 22.8	23	51.2 to 52.1	53
22.9 to 23.8	24	52.2 to 53.0	54
		53.1 to 54.0	55

INSTRUCTIONS

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Course Handicap Table

Golf Ireland
St. Helen's Bay Golf Club
Women's - Red

Course Rating™: 72.0 - Slope Rating®: 125 - Par: 72

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
+5.0 to +5.0	+6	24.0 to 24.8	27
+4.9 to +4.1	+5	24.9 to 25.7	28
+4.0 to +3.2	+4	25.8 to 26.6	29
+3.1 to +2.3	+3	26.7 to 27.5	30
+2.2 to +1.4	+2	27.6 to 28.4	31
+1.3 to +0.5	+1	28.5 to 29.3	32
+0.4 to 0.4	0	29.4 to 30.2	33
0.5 to 1.3	1	30.3 to 31.1	34
1.4 to 2.2	2	31.2 to 32.0	35
2.3 to 3.1	3	32.1 to 32.9	36
3.2 to 4.0	4	33.0 to 33.8	37
4.1 to 4.9	5	33.9 to 34.8	38
5.0 to 5.8	6	34.9 to 35.7	39
5.9 to 6.7	7	35.8 to 36.6	40
6.8 to 7.6	8	36.7 to 37.5	41
7.7 to 8.5	9	37.6 to 38.4	42
8.6 to 9.4	10	38.5 to 39.3	43
9.5 to 10.3	11	39.4 to 40.2	44
10.4 to 11.2	12	40.3 to 41.1	45
11.3 to 12.2	13	41.2 to 42.0	46
12.3 to 13.1	14	42.1 to 42.9	47
13.2 to 14.0	15	43.0 to 43.8	48
14.1 to 14.9	16	43.9 to 44.7	49
15.0 to 15.8	17	44.8 to 45.6	50
15.9 to 16.7	18	45.7 to 46.5	51
16.8 to 17.6	19	46.6 to 47.4	52
17.7 to 18.5	20	47.5 to 48.3	53
18.6 to 19.4	21	48.4 to 49.2	54
19.5 to 20.3	22	49.3 to 50.1	55
20.4 to 21.2	23	50.2 to 51.0	56
21.3 to 22.1	24	51.1 to 51.9	57
22.2 to 23.0	25	52.0 to 52.8	58
23.1 to 23.9	26	52.9 to 53.7	59
		53.8 to 54.0	60

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St. Helen's Bay Golf Club

Course Rating and Slope Rating Certificate

Certified By: GOLF IRELAND
Authorized Golf Association

Anne Mahon
Name

Handicapping and Course Rating Administrator
Title

02-Nov-2020
Effective Rating Date

Explanation: A Course Rating is the evaluation of the playing difficulty of a course for scratch golfers under normal course and weather conditions. It is expressed as strokes taken to one decimal place, and is based on yardage and other obstacles to the extent that they affect the scoring ability of a scratch golfer. A Slope Rating evaluates the relative playing difficulty of a course for players who are not scratch golfers. The lowest Slope Rating is 55 and the highest is 155. A golf course of standard playing difficulty has a Slope Rating of 113. Course ratings are determined, by permission of the World Handicap System, in accordance with the Course Rating System™ for the purpose of providing a uniform basis of which to issue a Handicap Index. Course Rating, Slope Rating®, and Handicap Index® are marks owned by the World Handicap System and may only be used in connection with the World Handicap System™.

Tee Name	Length yards	Gender	Course Rating™/ Slope Rating	Front Nine	Front Nine Par	Back Nine	Back Nine Par	Total Par
Blue	6639	Men	71.8/126	35.7/126	36	36.1/125	36	72
White	6417	Men	70.9/121	35.3/123	36	35.6/118	36	72
Yellow	5962	Men	68.4/116	33.9/115	36	34.5/117	36	72
Red	5444	Women	72.0/125	35.9/126	36	36.1/123	36	72

